

Training 3 – Basic Visit Preparation

[PowerPoint](#) || [Video](#)

Objectives for Meeting:

Your volunteers will be able to:

1. Practice efficient cleanliness and hygiene for visits and character appearances
2. Feel prepared to pack a Magic Maker bag
3. Understand the basic rules for going on visits, such as where to leave personal belongings and what to wear on visits

Preparing for the meeting: Review the training, PowerPoint, and video. Print out enough copies of what to pack in your Magic Maker bag for your volunteers.

- I. **Welcome** - Welcome your members into the meeting.
- II. **Icebreaker:** Move your butt- Move your butt is a fun and interactive way to get to know each other. All members start in a circle with one member in the middle. The member in the middle states a fact about themselves like “move your butt if you are a sophomore!”. All members that also have the main member’s fact true about themselves moves to the opposite side of the circle. The last member there is now in the middle. Play for 10-15 minutes.

Virtual Activity:

- III. **Play Video**

- IV. **Practice efficient cleanliness and hygiene for visits and character appearances**

- A. Our first training will begin with proper hygiene and cleanliness for both visits and character appearances. This skill is so important as most of the work will be in hospitals with children who are not at 100% health. This is great information for when you are visiting a hospital as both yourself and your character.
- B. Remember the simple rules for hygiene when going on visits. The simple rules, or the ones we all do every day, including brushing your teeth, combing your hair, and remembering not to overwhelm with fragrance.
- C. Use hand sanitizer and hand washing stations in between rooms as well as before this visit starts.
- D. Gown up when necessary but remember always follow the directions of a child life staff member.

Activity: Gown-Up Relay Race! Think you got this training down? Split your group into multiple teams. Distribute gowns, gloves, and masks to each team. How fast can each member gown up and pass on their materials? Decide on a small prize for the winning team.

Virtual Activity:

- V. **Feel prepared to pack a Magic Maker bag**

- A. Handout: list of what to pack
- B. Discussion: Discuss what you think should be in a Magic Maker bag. Why? Are there certain things your chapter should include?

- VI. **Understand the basic rules for going on visits, such as where to leave personal belongings and what to wear on visits.**

- A. Remember, the basic rules for all volunteers when going on visits. Leave purses, backpacks and other belongings in the car. Magic Maker volunteers should wear A Moment of Magic t-shirt, which can be ordered directly on our website, khaki pants, and closed-toed shoes in hospitals.
 - B. On walks, thons, or other athletic events, volunteers are permitted to wear leggings or jeans without rips!
 - C. Potential questions you might receive:
 - 1. How do you know when to enter and when not to enter a child's room on isolation? A: You should always follow the advice of the hospital staff. Never enter a room without direct permission from a child life specialist. They should instruct you on when you can and cannot go in and of any precautions you may need to take.
 - 2. Why do children go on isolation? This will be covered more extensively as we progress in our training. Some possible reasons may include cold and flu season, a recent relapse, or a bone marrow transplant.
- VII. **Executive Board Updates** - Have each Executive Board member discuss what they have been up to. Each week, each member should say what they've been planning and what they need help with. Form subcommittees if need be.

Notes: Please refrain from taking any new volunteers on visits until this week